

AÇAÍ BOWLS

the Brazilian power berry

full of antioxidants, protein & omega 3, no refined sugar



Original Bowl

SMALL 11CHF | REGULAR 14CHF | LARGE 17CHF

Base: Açaí Püree, Banane

Toppings: Granola, Hanfsamen, Banane, Blaubeeren



Berry Nice Bowl

SMALL 12CHF | REGULAR 15CHF | LARGE 18CHF

Base: Açaí Püree, Banane

Toppings: Granola, Kokos, Gojiibeeren, Erdbeeren, Blaubeeren



Go Nuts Bowl

SMALL 12CHF | REGULAR 15CHF | LARGE 18CHF

Base: Açaí Püree, Banane

Toppings: Granola, Kakaostücke, Erdnussbutter, Kiwi, Banane



Winter Bowl

REGULAR 15CHF | LARGE 18CHF

Base: Açaí Püree, Banane

Toppings: Granola, Pumpkin-Chia-Pudding, Apfel, Birne, Marroni-Crumble Cashewbutter, Blütenpollen, Zimt



Snickers Protein Bowl

SMALL 12CHF | REGULAR 15CHF | LARGE 18CHF

Base: Kokos, Banane, Cashews, Proteinpulver, Kakaopulver, Erdnussbutter, Mesquite, Dattel

Toppings: Granola, Protein-Crispies, Erdnussbutter, No-tealla, Erdbeeren, Banane



Layered Açaí & Snickers Bowl

REGULAR 15CHF | LARGE 18CHF

Base: Açaí & Snickers Base

Toppings: Gleich wie Snickers Bowl

CHILI SIN CARNE BOWL

hot & high protein, available from 11:00

Tomaten, Bohnen, Süsskartoffel, Kichererbsen, Peperoni, Walnuss-Chorizo, Vegan Sour Cream, Avocado, Koriander
empfohlenes add-on: *planted.chicken* +6.00CHF

18 CHF

TOAST & WRAP

Enjoy our all-day plant-based goodness!

Smashed Avo Toast

Powerbrot, Avocado, Limette, Zwiebeln-Pickles, Chili, Mais-Crumble, Hanfsamen, Sprossen, Olivenöl, Meersalz
empfohlenes Add-On: *Planted* +6.00CHF

14 CHF

It's a Wrap

Tortilla, *planted.chicken*, Vollkornreis/Quinoa, Peperoni-Aufstrich, Spinat, Rüeblli, Mais, Avocado, Limette, Tahini, Vegan Sour Cream

Wähle deine Sauce: *Chipotle-Lime-Dressing* / *Ponzu-Peanut*

15 CHF

PORRIDGE BOWLS

available from 9:00 to 11:00

Original Porridge

Base: Steel Cut Oats, Quinoa, Agave
Toppings: Apfel, Zimt, Mandelbutter

9 CHF

Super Cacao Porridge

Base: Steel Cut Oats, Quinoa, Kakao, Mesquite, Reishi, Chaga, Zimt, Cayenne, Agave
Toppings: Banane, Kakaostücke, Gojibeeren

9 CHF

SUPERFOOD SMOOTHIES

packed with antioxidants, proteins, vitamins and minerals

Beast Mode (26g of protein)

Kokos, Banane, Maca, Protein (v), Kakaonibs, Erdnussbutter

4 DL 11 CHF

Berry Wild

Blaubeeren, Açai, Banane, Ananas, Leinsamen, Erbsenprotein

4 DL 10 CHF

Green Glow

Ananas, Mango, Spinat/Kale, Chiasamen, Dattel, Spirulina, Kokoswasser

4 DL 9 CHF

Add extra protein to your smoothie *Nature* / *Choc&Peanut* / *Vanilla* +1.50CHF

FRESH JUICES

Tropical Immunity

Ananas, Orange, Apfel, Kurkuma, Ingwer

4 DL 9 CHF

Vitamin Booster

Karotten, Orangen, Ingwer, Kurkuma

4 DL 9 CHF

Supergreen

Spinat, Gurke, Ingwer, Apfel

4 DL 9 CHF

COFFEE, LATTES & TEA

Espresso

4.00 CHF

Doppio / Americano (iced/hot)

5.00 CHF

Cappuccino

5.50 CHF

Latte Macchiato (iced/hot)

6.00 CHF

Pumpkin Spiced Latte

Kürbispüree, Kürbis-Gewürz, Espresso, Erbsenmilch, Agave

6.50 CHF

Bulletproof Coffee (iced/hot)

Kaffee, Mandelbutter, Kokosöl, MCT, Ashwaganda, Dattel

6.50 CHF

Matcha Latte (iced/hot)

Matcha, Hafermilch, Agave (optional)

6.50 CHF

Chai Latte (iced/hot)

Chai Gewürzmischung, Erbsenmilch

Dirty: mit Espresso Shot +1.00CHF

6.50 CHF

Hot Super Chocolate

Kakao, Zimt, Mesquite, Reishi, Chaga, Cayenne, Sprouds

6.50 CHF

Golden Latte

Gewürzmischung, Kokosöl, Sprouds

6.50 CHF

Ginger Lemon Infusion

Frischer Ingwer, frische Zitrone, Ingwerkonzentrat

6.50 CHF

Hot Tea

Auf Anfrage an der Bar

5.50 CHF

DON'T PANIC, IT'S ORGANIC !

Wir verwenden für unsere Gerichte **natürliche**, wenn immer möglich **biologische**, **unverarbeitete**, sowie möglichst viele regionale und saisonale Zutaten und verzichten komplett auf **raffinierten Zucker** und andere **künstliche Zusatzstoffe**.