

BRUNCH SPECIALS

available all day (Sat + Sun)

Açaí Protein Pancakes (v) (approx. 22g Protein)

15.90 CHF

3 fluffy oat-protein pancakes topped with açaí, banana, pomegranate, homemade cacao sauce, maple syrup, paleo granola & fresh mint

Burrito Bowl (v)

16.90 CHF

Wholegrain rice + quinoa mix with chili sin carne, Planted, guacamole, pico de gallo, nachos, roasted corn, pickled onions, coriander, vegan sour cream & chipotle-lime dressing

Loaded Avo Toast

A slice of power bread with guacamole, cucumber, chili flakes, pickled onions, sprouts & hemp seeds

Choose your option:

- Planted with chipotle-lime dressing (v) 13.90 CHF
- Swiss organic sunny-side egg (veg) 13.90 CHF
- Smoked wild salmon (FAO 67) with miso-tahini dressing 14.90 CHF

Apple Pumpkin Bliss Porridge (v)

16.90 CHF

Oat groats + quinoa, Hokkaido pumpkin, homemade pumpkin spice, apple compote, homemade salted cashew butter, pomegranate & pumpkin seeds

Combo Deal: Weekend Gains (v) (ca. 45g Protein)

34.90 CHF

Burrito Bowl + Açaí Protein Pancakes + coffee of your choice

Build Your Own Açaí Bowl

Included: base + granola + 2 fruits + 1 superfood + 1 finish

Extras: extra superfood +1.00 CHF • extra finish +1.50 CHF

1. Choose your size: Small 13.90 • Regular 16.90 • Large 19.90

2. Choose your base: Açaí • Snickers • Layered (Açaí & Snickers)

3. Choose your crunch: Granola or Paleo Granola (gf) (+1.00 CHF)

4. Choose your fruits (2x): Banana, blueberry, strawberry, kiwi, pineapple, pomegranate

5. Choose your superfood topping (1x): Hemp seeds, chia seeds, coconut flakes, goji berries, cacao nibs, protein crispies, soy flakes

6. Choose your finish (all homemade):

Salted peanut butter, salted cashew butter, salted almond butter, cacao sauce

7. Protein powder add-on +1.50 CHF: Vanilla, Natural or Choc/Peanut

AÇAÍ BOWLS (v)

available all day

wild-grown & organic Açaí • rich in antioxidants • omega-3 & plant protein • no refined sugar



Aloha Bowl

SMALL 14.90CHF | REGULAR 17.90CHF | LARGE 21.40CHF

base: açaí purée, banana

toppings: paleo granola (gf), cashew butter, strawberries, pineapple, chia seeds



Original Bowl

SMALL 12.90CHF | REGULAR 15.90CHF | LARGE 19.90CHF

base: açaí purée, banana

toppings: granola, hemp seeds, bananas, blueberries



Berry Nice Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, coconut flakes, goji berries, blueberries, strawberries



Go Nuts Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, cacao nibs, peanut butter, kiwi, bananas



Snickers Protein Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 21.40CHF

base: coconut purée, banana, cashews, protein powder, cacao powder, peanut butter, mesquite, dates

toppings: granola, protein crispies, peanut butter, cacao sauce, bananas, strawberries



Layered Açaí & Snickers Bowl

REGULAR 16.90CHF | LARGE 21.40CHF

base: açaí & snickers base

toppings: same as snickers protein bowl

Gluten-free? Swap your Granola for Paleo Granola (gf) +1.00CHF

Add extra Plant Protein Powder (Vanilla, Natural, or Choc/Peanut) +1.50CHF

HEARTY BOWLS

from 11:00

Harvest Poké Bowl (seasonal)

FROM 24.90 CHF

roasted hokkaido pumpkin, avocado, pomegranate, edamame, japanese coleslaw, cucumber, spinach, pickled onions, sprouts, pumpkin seeds, sesame seeds, whole-grain rice-quinoa mix, miso-tahini dressing

choose your protein:

- smoked tofu (v)
- planted chicken +1.00 CHF (v)
- smoked wild salmon (FAO 67) +3.00 CHF

Power Dahl Bowl (v) (warm)

21.90 CHF

red lentils & chickpeas, tomatoes, coconut milk & Indian spices, vegan sour cream, fresh herbs & naan bread

recommended add-ons:

- whole grain rice-quinoa mix +2.00 CHF
- planted chicken +6.00 CHF

PROTEIN SMOOTHIES (v)

available all day

Açaí Power x @luca_fithealth (approx. 22g Protein)

4 DL 13.90 CHF

açaí, blueberries, cacao-peanut protein, bananas, homemade pumpkin spice, homemade salted almond butter, soy flakes, pea milk

Matcha Protein (approx. 26g Protein)

4 DL 13.90 CHF

ceremonial-grade matcha, vanilla protein, kiwi, spinach, coconut purée, bananas, homemade salted cashew butter, dates

The Run Club Zurich (approx. 23g Protein)

4 DL 14.90 CHF

vanilla protein, blue spirulina, graviola (exotic superfruit), maca, dates, chia seeds, pineapple, bananas, coconut cream, oat milk

Beast Mode (approx. 34g Protein)

4 DL 13.90 CHF

coconut purée, bananas, maca, vanilla protein, cacao nibs, homemade salted peanut butter

AGUAS FRESCAS

Enjoy our freshly prepared Aguas Frescas daily.

Strawberry Glow

strawberry, lemon, water, agave

4DL 6 CHF

KOMBUCHA ON TAP

Organic & Unpasteurized SWISS KOMBUCHA

Seasonal Flavor - request at the bar

4DL 7.00 CHF

Strawberry Cherry Mint Kombucha

4DL 7.00 CHF

COFFEE, LATTES & TEA

Espresso

4.50 CHF

Doppio / Americano (iced/hot)

5.50 CHF

Cappuccino

6.00 CHF

Flat White

6.50 CHF

Latte Macchiato (iced/hot)

6.50 CHF

Pumpkin Spice Latte

6.50 CHF

hokkaido pumpkin, homemade pumpkin spice, coffee, maple, pea milk

Matcha Latte (iced/hot)

6.50 CHF

matcha (Ceremonial-grade), Oat Mylk

Chai Latte (iced/hot)

6.50 CHF

chai Syrup, Pea Mylk

Dirty: with Espresso Shot +1.00CHF

Ginger Lemon Infusion (hot)

6.50 CHF

fresh ginger, fresh lemon, ginger concentrate

All lattes & milk drinks available with organic oat, pea, or organic cow's milk.

SWEET TREATS

Wild-Tella Brioche (v)

6.50 CHF

Brioche with homemade cacao-hazelnut spread, sweetened with dates

Homemade Banana Bread (v, gf)

5.90 CHF

flaxseeds, banana, dates, cinnamon, homemade cacao-sauce