

BRUNCH SPECIALS

available all day (Sat + Sun)

Açaí Protein Pancakes (v) (approx. 22g Protein) 15.90 CHF

3 fluffy oat-protein pancakes topped with açaí, banana, pomegranate, homemade cacao sauce, maple syrup, paleo granola & fresh mint

Burrito Bowl (v) 16.90 CHF

Wholegrain rice + quinoa mix with chili sin carne, Planted, guacamole, pico de gallo, nachos, roasted corn, pickled onions, coriander, vegan sour cream & chipotle-lime dressing

Loaded Avo Toast

A slice of power bread with guacamole, cucumber, chili flakes, pickled onions, sprouts & hemp seeds

Choose your option:

- Planted with chipotle-lime dressing (v) 13.90 CHF
- Swiss organic sunny-side egg (veg) 13.90 CHF
- Smoked wild salmon (FAO 67) with miso-tahini dressing 14.90 CHF

Combo Deal: Weekend Gains (v) (ca. 45g Protein) 34.90 CHF

Burrito Bowl + Açaí Protein Pancakes + coffee of your choice

Build Your Own Açaí Bowl

Included: base + granola + 2 fruits + 1 superfood + 1 finish

Extras: extra superfood +1.00 CHF • extra finish +1.50 CHF

1. Choose your size: Small 13.90 • Regular 16.90 • Large 19.90

2. Choose your base: Açaí • Snickers • Layered (Açaí & Snickers)

3. Choose your crunch: Granola or Paleo Granola (gf) (+1.00 CHF)

4. Choose your fruits (2x): Banana, blueberry, strawberry, kiwi, pineapple, pomegranate

5. Choose your superfood topping (1x): Hemp seeds, chia seeds, coconut flakes, goji berries, cacao nibs, protein crispies, soy flakes

6. Choose your finish (all homemade):

Salted peanut butter, salted cashew butter, salted almond butter, cacao sauce

7. Protein powder add-on +1.50 CHF: Vanilla, Natural or Choc/Peanut

AÇAÍ BOWLS (v)

available all day

wild-grown & organic Açaí • rich in antioxidants • omega-3 & plant protein • no refined sugar



Aloha Bowl

SMALL 14.90CHF | REGULAR 17.90CHF | LARGE 21.40CHF

base: açaí purée, banana

toppings: paleo granola (gf), cashew butter, strawberries, pineapple, chia seeds



Original Bowl

SMALL 12.90CHF | REGULAR 15.90CHF | LARGE 19.90CHF

base: açaí purée, banana

toppings: granola, hemp seeds, bananas, blueberries



Berry Nice Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, coconut flakes, goji berries, blueberries, strawberries



Go Nuts Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, cacao nibs, peanut butter, kiwi, bananas



Snickers Protein Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 21.40CHF

base: coconut purée, banana, cashews, protein powder, cacao powder, peanut butter, mesquite, dates

toppings: granola, protein crispies, peanut butter, cacao sauce, bananas, strawberries



Layered Açaí & Snickers Bowl

REGULAR 16.90CHF | LARGE 21.40CHF

base: açaí & snickers base

toppings: same as snickers protein bowl

Gluten-free? Swap your Granola for Paleo Granola (gf) +1.00CHF

Add extra Plant Protein Powder (Vanilla, Natural, or Choc/Peanut) +1.50CHF

HEARTY BOWLS

from 11:00

Sunset Poké Bowl (new • seasonal)

FROM 24.90 CHF

Wholegrain rice-quinoa mix, Japanese coleslaw, avocado, mango, cucumber, spinach, pomegranate, pickled onions, sesame & miso-tahini dressing

choose your protein:

- glazed smoked tofu (new)
- planted chicken +1.00CHF
- smoked wild salmon (FAO 67) +3.00CHF

Power Dahl Bowl (v) (warm)

21.90 CHF

red lentils & chickpeas, tomatoes, coconut milk & Indian spices, vegan sour cream, fresh herbs & naan bread

recommended add-ons:

- whole grain rice-quinoa mix +2.00 CHF
- planted chicken +6.00 CHF

PROTEIN SMOOTHIES (v)

available all day

Açaí Power x @luca_fithealth (approx. 22g Protein)

4DL 13.90 CHF

açaí, blueberries, cacao-peanut protein, bananas, homemade pumpkin spice, homemade salted almond butter, soy flakes, pea milk

Matcha Protein (approx. 26g Protein)

4DL 13.90 CHF

ceremonial-grade matcha, vanilla protein, kiwi, spinach, coconut purée, bananas, homemade salted cashew butter, dates

The Run Club Zurich (approx. 23g Protein)

4DL 14.90 CHF

vanilla protein, blue spirulina, graviola (exotic superfruit), maca, dates, chia seeds, pineapple, bananas, coconut cream, oat milk

Beast Mode (approx. 34g Protein)

4DL 13.90 CHF

coconut purée, bananas, maca, vanilla protein, cacao nibs, homemade salted peanut butter

AGUAS FRESCAS

Enjoy our freshly prepared Aguas Frescas daily, made with EVOfilter-purified water.

Strawberry Glow

4 DL 6 CHF

strawberry, lemon, water, agave

Combo Deal

Açaí Bowl + Agua Fresca – get your Agua Fresca for just **3 CHF!**

COFFEE, LATTES & TEA

Espresso

4.50 CHF

Doppio / Americano (iced/hot)

5.50 CHF

Cappuccino

6.00 CHF

Flat White

6.50 CHF

Latte Macchiato (iced/hot)

6.50 CHF

Matcha Latte (iced/hot)

6.50 CHF

matcha (Ceremonial-grade), Oat Mylk

Chai Latte (iced/hot)

6.50 CHF

chai Syrup, Pea Mylk

Dirty: with Espresso Shot +1.00CHF

Ginger Lemon Infusion (hot)

6.50 CHF

fresh ginger, fresh lemon, ginger concentrate

All lattes & milk drinks available with organic oat, pea, or organic cow's milk.

SWEET TREATS

Homemade Banana Bread (gf)

5.90 CHF

flaxseeds, banana, dates, cinnamon, cacao-sauce

Noshballs

4.00 CHF

Power Balls / Protein Balls