

HEARTY BOWLS

ab 11:00

Sunset Poké Bowl

ab CHF 24.90

Vollkornreis-Quinoa-Mix, Japanese Coleslaw, Avocado, Mango, Gurke, Spinat, Granatapfel, eingelegte Zwiebeln, Sesam & Miso-Tahini-Dressing

Wähle dein Protein:

Sesame Tamari Glazed Tofu inkl.

Planted Chicken + 1 CHF

geräucherter Wildlachs + CHF 3

Udon Satay Bowl

CHF 25.90

Udon Nudeln, satay mariniertes Planted, Rüebli, angebratener Pak Choi, Papayasalat, Gurke, Rotkohl, eingelegte Radieschen, Kräutermix & Asian Vinaigrette

Mexican Bowl

CHF 24.90

Vollkornreis-Quinoa-Mix, Planted Chicken, Guacamole, Pico de Gallo, schwarze Bohnen, Romanasalat, Mais, Koriander, Nachos, Chipotle-Lime-Dressing

Power Dahl Bowl

CHF 21.90

Rote Linsen & Kichererbsen, Tomaten, Kokosmilch, indische Gewürze, vegane Sour Cream, frische Kräuter & Naan-Brot

Add-ons:

Vollkornreis-Quinoa-Mix + CHF 2

Planted Chicken + CHF 6

AÇAÍ BOWLS (v)

available all day

wild-grown & organic Açaí • rich in antioxidants • omega-3 & plant protein • no refined sugar



Aloha Bowl

SMALL CHF 14.90 | REGULAR 17.90 | LARGE 21.40CHF

Base: Açaí-Püree, Banane

Toppings: Paleo Granola (gf), Erdbeere, Ananas, Homemade salted Cashewbutter, Chiasamen



Original Bowl

SMALL 12.90CHF | REGULAR 15.90CHF | LARGE 19.90CHF

Base: Açaí-Püree, Banane

Toppings: Granola, Hanfsamen, Banane, Blaubeeren



Berry Nice Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

Base: Açaí-Püree, Banane

Toppings: Granola, Kokosflocken, Gojiibeeren, Erdbeeren, Blaubeeren



Go Nuts Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

Base: Açaí-Püree, Banane

Toppings: Granola, Kakaostücke, Kiwi, Banane, Homemade salted Erdnussbutter



Snickers Protein Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 21.40CHF

Base: Cremige Kokos-Bananen-Mischung mit Proteinpulver, Kakao, Erdnussbutter, Mesquite, Dattel

Toppings: Granola, Protein-Crispies, Homemade salted Erdnussbutter, Kakao-Sauce, Erdbeeren & Banane



Layered Açaí & Snickers Bowl

REGULAR 16.90CHF | LARGE 21.40CHF

Base: Açaí & Snickers Layer

Toppings: Wie bei der Snickers Bowl

Gluten-free? Swap your Granola for Paleo Granola (gf) +1.00CHF

Add extra Plant Protein Powder (Vanilla, Natural, or Choc/Peanut) +1.50CHF

TOASTS & COMBOS

available all day

Smashed Avo Toast

CHF 14.90

Zwei Scheiben Powerbrot mit Avocado, Limette, eingelegten Zwiebeln, Chiliflocken, Mais-Crumble, natives Olivenöl, Hanfsamen & Sprossen

Empfohlene Add-ons:

Planted Chicken + CHF 6 • geräucherter Wildlachs + CHF 8

Power Dahl & Avo Toast Combo

CHF 26.90

Eine Portion Power Dahl Bowl (warm) & eine Scheibe Smashed Avo Toast

Empfohlenes Add-on: Planted Chicken + CHF 6

SMOOTHIES

Berry Wild

4 DL CHF 13.90

Açaí, Erdbeeren, Banane, Vanilla Protein, Mandelbutter, Kokoswasser

Tropic Crush

4 DL CHF 13.90

Mango, Ananas, Banane, Vanilla Protein, Kokoswasser, Kokosjoghurt-Swirl mit Blue Spirulina

Beast Mode

4 DL CHF 13.90

Kokospüree, Banane, Erdnussbutter, Datteln, Kakao & Carob, Choc & Peanut Protein, Erbsenmilch

Add extra protein to your Smoothie: Choc & Peanut / Vanilla + CHF 1.50

REFRESHERS

Strawberry Agua Fresca

Erdbeere, Zitrone, Wasser, Agave

4 DL CHF 6

Swiss Kombucha on Tap

Seasonal Flavor

Strawberry Cherry Mint

4 DL CHF 7.00

COFFEE & MATCHA

Espresso

CHF 4.50

Doppio / Americano (iced/hot)

CHF 5.50

Cappuccino

CHF 6.00

Flat White

CHF 6.50

Latte Macchiato (iced/hot)

CHF 6.50

Matcha Latte (iced/hot)

CHF 6.50

Ceremonial Grade Matcha, Hafermilch

Cold Brew Americano **NEW**

CHF 6.00

Cold Brew Latte **NEW**

CHF 7.00

Auch als Decaf erhältlich + CHF 1.00

Alle Lattes & Milchgetränke wahlweise mit Bio Hafer-, Erbsen- oder Bio Kuhmilch

SWEET TREATS

Homemade Banana Bread (gf)

5.90 CHF

Leinsamen, Banane, Dattel, Zimt, Kakao-Sauce

Noshballs

4.00 CHF

Power Balls / Protein Balls