

BRUNCH SPECIALS

available all day (Sat + Sun)

Açaí Protein Pancakes (v) (approx. 22g Protein) 15.90 CHF

3 fluffy oat-protein pancakes topped with açaí, banana, pomegranate, homemade cacao sauce, maple syrup, paleo granola & fresh mint

Loaded Avo Toast

A slice of power bread with guacamole, cucumber, chili flakes, pickled onions, sprouts & hemp seeds

Choose your option:

- Planted with chipotle-lime dressing (v) 13.90 CHF
- Swiss organic sunny-side egg (veg) 13.90 CHF
- Smoked wild salmon (FAO 67) with miso-tahini dressing 14.90 CHF

Build Your Own Açaí Bowl

Included: base + granola + 2 fruits + 1 superfood + 1 finish

Extras: extra superfood +1.00 CHF • extra finish +1.50 CHF

1. Choose your size: Small 13.90 • Regular 16.90 • Large 19.90

2. Choose your base: Açaí • Snickers • Layered (Açaí & Snickers)

3. Choose your crunch: Granola or Paleo Granola (gf) (+1.00 CHF)

4. Choose your fruits (2x): Banana, blueberry, strawberry, kiwi, pineapple, pomegranate

5. Choose your superfood topping (1x): Hemp seeds, chia seeds, coconut flakes, goji berries, cacao nibs, protein crispies, soy flakes

6. Choose your finish (all homemade):

Salted peanut butter, salted cashew butter, salted almond butter, cacao sauce

7. Protein powder add-on +1.50 CHF:

Vanilla, Natural or Choc/Peanut

AÇAÍ BOWLS (v)

available all day

wild-grown & organic Açaí • rich in antioxidants • omega-3 & plant protein • no refined sugar



Aloha Bowl

SMALL 14.90CHF | REGULAR 17.90CHF | LARGE 21.40CHF

base: açaí purée, banana

toppings: paleo granola (gf), cashew butter, strawberries, pineapple, chia seeds



Original Bowl

SMALL 12.90CHF | REGULAR 15.90CHF | LARGE 19.90CHF

base: açaí purée, banana

toppings: granola, hemp seeds, bananas, blueberries



Berry Nice Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, coconut flakes, goji berries, blueberries, strawberries



Go Nuts Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 20.90CHF

base: açaí purée, banana

toppings: granola, cacao nibs, peanut butter, kiwi, bananas



Snickers Protein Bowl

SMALL 13.90CHF | REGULAR 16.90CHF | LARGE 21.40CHF

base: coconut purée, banana, cashews, protein powder, cacao powder, peanut butter, mesquite, dates

toppings: granola, protein crispies, peanut butter, cacao sauce, bananas, strawberries



Layered Açaí & Snickers Bowl

REGULAR 16.90CHF | LARGE 21.40CHF

base: açaí & snickers base

toppings: same as snickers protein bowl

Gluten-free? Swap your Granola for Paleo Granola (gf) +1.00CHF

Add extra Plant Protein Powder (Vanilla, Natural, or Choc/Peanut) +1.50CHF

HEARTY BOWLS

from 11:00

Sunset Poké Bowl

FROM CHF 24.90

Wholegrain rice-quinoa mix, Japanese coleslaw, avocado, mango, cucumber, spinach, pomegranate, pickled onions, sesame & miso tahini dressing

Choose your protein:

Sesame Tamari Glazed Tofu included

Planted Chicken + 1 CHF • smoked wild salmon + CHF 3

Mexican Bowl

CHF 24.90

Wholegrain rice-quinoa mix, Planted Chicken, guacamole, pico de gallo, black beans, lettuce, corn, coriander, nachos & chipotle lime dressing

Power Dahl Bowl **WARM**

CHF 21.90

Red lentils & chickpeas, tomatoes, coconut milk & Indian spices, vegan sour cream, fresh herbs & naan bread

Recommended add-ons:

Wholegrain rice-quinoa mix + CHF 2 • Planted Chicken + CHF 6

SMOOTHIES

Berry Wild

4DL CHF 13.90

Açaí, strawberries, banana, vanilla protein, almond butter, coconut water

Tropic Crush

4DL CHF 13.90

Mango, pineapple, banana, vanilla protein, coconut water, coconut yogurt swirl with blue spirulina

Beast Mode

4DL CHF 13.90

Coconut purée, banana, peanut butter, dates, cacao & carob, choc & peanut protein, pea milk

Add extra protein to your Smoothie: Choc & Peanut / Vanilla + CHF 1.50

REFRESHERS

Strawberry Agua Fresca

strawberry, lemon, water, agave

4DL CHF 6

Swiss Kombucha on Tap

Seasonal Flavor

Strawberry Cherry Mint

4DL CHF 7.00

COFFEE & MATCHA

Espresso

CHF 4.50

Doppio / Americano (iced/hot)

CHF 5.50

Cappuccino

CHF 6.00

Flat White

CHF 6.50

Latte Macchiato (iced/hot)

CHF 6.50

Matcha Latte (iced/hot)

Ceremonial Matcha, Oat Mylk

CHF 6.50

Cold Brew Amerciano

CHF 6.00

Cold Brew Latte

CHF 7.00

All lattes & milk drinks available with organic oat, pea, or organic cow's milk.

SWEET TREATS

Homemade Banana Bread (gf)

flaxseeds, banana, dates, cinnamon, cacao-sauce

5.90 CHF

CHF 4.00

Noshballs

Power Balls / Protein Balls

4.00 CHF

4.00 CHF