WILD BOWLS

Zürich Seefeld
Seefeldstrasse 25 · 8008 Zürich
Mon–Fri 08:00–15:00 · Sat 10:00–15:00 · Sun closed

AÇAÍ & SMOOTHIE BOWLS

ALL DAY

Our açaí base: organic, wild-grown and free from refined sugar.

SEASONAL

Winter Snickers



Snickers blend · Plum compote, banana, Peanut Crumble (gf) and cacao nibs.

S 13.90 M 16.90 L 21.40

Original



Organic açaí & banana · Classic Granola, hemp seeds, banana and blueberries.

S 12.90 M 15.90 L 19.90

Berry Nice



Organic açaí & banana · Classic Granola, coconut flakes, goji berries, strawberries and blueberries.

S 13.90 M 16.90 L 20.90

Go Nuts



Organic açaí & banana · Peanut Crumble Granola (gf), cacao nibs, kiwi, banana and peanut butter.

S 13.90 M 16.90 L 20.90

Snickers Protein



Snickers blend · Peanut Crumble Granola (gf), cacao, protein crispies, peanut butter, strawberries and banana.

S 13.90 M 16.90 L 21.40

Layered Açaí & Snickers



Layers of açaí & Snickers · Peanut Crumble Granola (gf), cacao, protein crispies, peanut butter, strawberries and banana.

M 16.90 L 21.40

Extra Protein +1.50 · Vanilla / Choc & Peanut

Snickers blend: coconut, banana, protein powder, cacao, peanut butter, mesquite and dates.

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HEARTY BOWLS

FROM 11 AM

Harvest Poké from 24.90



Brown rice & quinoa, Hokkaido pumpkin, Japanese coleslaw, avocado, edamame, cucumber, pomegranate, pickled onions, sesame and miso-tahini dressing.

Sesame-tamari tofu 24.90 • Planted Pulled BBQ 25.90 • smoked wild salmon 27.90

Udon Satay 25.90



Udon noodles, Planted Satay, carrot, sautéed pak choi, papaya salad, cucumber, red cabbage, pickled radishes, herbs and Asian vinaigrette.

Mexican 24.90



Brown rice & quinoa, Planted Pulled BBQ, guacamole, pico de gallo, black beans, lettuce, corn, coriander, nachos and chipotle-lime dressing.

Power Dahl 21.90



Red lentils, chickpeas, tomatoes, coconut milk, Indian spices, vegan sour cream, herbs and naan bread.

Brown rice & quinoa +2 • Planted +6

ADD-ON TO ANY BOWL • Organic onsen egg +3

Wild salmon origin: Northeast Pacific (FAO 67).

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TOASTS & COMBOS

ALL DAY

Smashed Avo Toast 14.90

Two slices of Power Bread with avocado, lime, pickled onions, chilli flakes, corn crumble, virgin olive oil, hemp seeds and sprouts.

2 organic onsen eggs +5 • one per toast
Planted +6 • smoked wild salmon +8
Free-range organic eggs • gently cooked, with creamy yolks.

Power Dahl & Avo Toast Combo 26.90

A portion of warm Power Dahl and one slice of Smashed Avo Toast.

Planted +6

FROM 11 AM

SMOOTHIES

400 ml

ALL DAY

Berry Wild 13.90

Açaí, strawberries, banana, vanilla protein, almond butter and coconut water.

Tropic Crush 13.90

Mango, pineapple, banana, vanilla protein, coconut water and a coconut yoghurt swirl with blue spirulina.

Beast Mode 13.90

Coconut purée, banana, peanut butter, dates, cacao, carob, Choc & Peanut Protein and pea milk.

Extra Protein +1.50 • Vanilla / Choc & Peanut

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DRINKS & TREATS

REFRESHERS

400 ml

Strawberry Agua Fresca 6.00
Strawberries, lemon, water and agave.

COFFEE, MATCHA & MORE

Ginger Lemon Infusion 6.50
Ginger extract, fresh ginger, lemon juice and hot water.

Chai Latte 6.50
Spiced chai with your choice of milk.

Espresso 4.50

Doppio / Americano hot / iced 5.50

Cappuccino 6.00

Flat White 6.50

Latte Macchiato hot / iced 6.50

Also available as decaf +1.00

Matcha Latte hot / iced 6.50
Ceremonial grade matcha and oat milk.

Cold Brew Americano 6.00

Cold Brew Latte 7.00

All lattes & milk-based drinks with your choice of organic oat milk, pea milk or organic cow's milk.

SWEET TREATS

Homemade Banana Bread gf 5.90
Flaxseed, banana, dates, cinnamon and cocoa sauce.

Noshballs 4.00
Power Balls / Protein Balls

ALL PRICES IN CHF INCL. VAT. · GF = GLUTEN-FREE